As part of our strategy to implement our community health plans across the state, the Presbyterian Center for Community Health has supported the local health councils in the communities where the most patients are served. These councils have implemented activities that align with our community health plans and address priority health needs in their communities.

**Bernalillo County**

The Bernalillo County Health Council (BCCHC) identified the need for support of coordination and capacity building. Funds supported the Healthy Here partnership that focuses on active living, healthy eating and management of chronic disease; the Opioid Accountability Initiative, which focuses on behavioral health and prevention of unhealthy substance use; and initiatives focused on positive youth and family development, including the Early Childhood Accountability Project, home visiting and more. BCCHC was able to leverage more than $430,000 in annual funding for the Opioid Accountability Initiative for the next four years from state and county contracts. As a result, the number of organizations, institutions and individuals involved in the work has grown to more than 30.

“The value of the funding support for leveraging other sources of funding cannot be emphasized enough.”

*Marsha McMurray Avila, BCCHC Executive Director*
Curry County
Presbyterian’s in-kind support helped the Curry County Health Council efforts to reorganize and build leadership capacity. They are currently developing a mission, vision, and organizational and administrative structure. Dedicated funds will be used to support facilitation for strategic planning, leadership development and asset identification. In addition, in-kind support helped print and distribute their prescription trail booklets and grow programming in the Clovis Community Garden in 2017.

Lincoln County
The Lincoln County Community Health Council used the funds to create and distribute 7,000 copies of a resource directory and community outreach guide for health and wellness opportunities in the county. The health council implemented a 35-day community-wide fitness challenge with 85 participants and supported youth-oriented prevention and avoidance of tobacco, alcohol, drugs and pressure-based choices.

A Zumba class during Lincoln County’s “Stepping into a Better You” Health Fair.

Rio Arriba County
The health council supported the Española Community Market Co-op to upgrade equipment and infrastructure and support long-term provision of the Double SNAP-Up program. The health council funding also supported operational and coordination time for activities related to positive youth development and breastfeeding education.

Sandoval County
The Sandoval County Health Council directed funds toward active living activities in the county, improving access to healthy food and expanding the 10x10 Health Improvement Project. The 10x10 project was developed by the Sandoval Health Collaborative to improve knowledge around food choices, health literacy, and active living of first-grade students and their families. The project was selected for the HealthyCommunity50 in the Healthiest Cities & Counties Challenge through Aetna Foundation, the American Public Health Association and the National Association of Counties. Presbyterian funding assisted in further development and distribution of booklets to selected first-grade teachers and classes across Sandoval County.
**Santa Fe County**

As there is not yet a fully operational Presbyterian hospital serving Santa Fe County, the Presbyterian Center for Community Health is still developing partnerships in the county, including with the Santa Fe Food Policy Council, the Santa Fe Prevention Alliance and others. In 2017, Presbyterian directly supported several non-profit agencies and initiatives including those that provide nutrition, gardening and cooking education, fresh food access to low-income and/or rural residents, positive youth development and physical activities. Cooking with Kids provided hands-on cooking instruction and nutrition education to more than 3,000 children in eight Santa Fe schools. Funded by Presbyterian and in partnership with Mercado del Sur and the Santa Fe Farmers’ Market, a fresh fruits and vegetables prescription pilot program, Fresh Rx, provided 200 $25 prescriptions to patients at the clinic. 115 prescriptions were redeemed at the farmers’ market.

**Socorro County**

The Socorro County Health Council supported Kitchen Creations, MoGro produce delivery and events in active living, prevention of unhealthy substance use and behavioral health. They hosted their third annual MAZE of Life event for all 590 Socorro County middle-school students. The funds were also used for coordination, planning, supplies and advertising of events in Socorro County. A health council for Magdalena and Alamo was created to build new relationships and expand programs and services into the less urban areas of the county.

**Torrance County**

Funds for the Torrance Health Council enhanced capacity to implement activities in topics such as healthy eating, active living, prevention of unhealthy substance use and behavioral health. Activities included: hosting three community walks, building infrastructure for walking trails, creating a healthy food resource list, increasing access to MyCD or diabetes education classes and increasing support for tobacco prevention education. In 2017, Torrance County trained their first Mental Health First Aid (MHFA) master trainer. This instructor then hosted three MHFA trainings in various locations in Torrance County and certified a total of 30 community members to deliver mental health first aid.
Valencia County
The Valencia Health Council hired a part-time coordinator, who established formal relationships with all county governments and municipalities as well as expanded programming, networking, fund-seeking and coordination. The health council oversaw home visiting programs that promoted positive youth and family development and addressed the priorities of healthy eating, prevention of unhealthy substance use, behavioral health and violence prevention. In addition, they maintained comprehensive resource lists and convened partners and community organizations quarterly to address the other priority areas. One Spanish diabetes education class was hosted in Valencia County.

Quay County
The Quay County Health Council supported and advertised the wellness trails in the county for their active living initiative. The health council hosted a six-week step challenge with 134 community members participating, for a total of more than 37 million steps. More broadly, the health council focused on increasing health literacy around physical activity and health. The health council also addressed access to care by providing a stipend for a trained patient-support volunteer and developing a social media campaign around the importance of adequate prenatal care. Eight parent support groups, called Baby Connections, were held for parents who were pregnant or had infants up to age one.

Questions? Email us at CommunityHealthTeam@phs.org