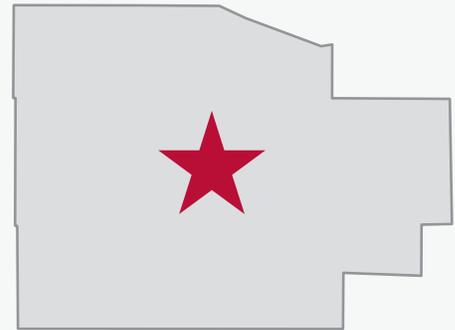


*Presbyterian exists to improve the health of the patients, members and communities we serve.*

**TOGETHER WE'RE BUILDING A CULTURE OF HEALTH**

- \$11.2 Million** Community Benefit including financial assistance
- 2 \$Million** Leveraged Funds for Community Health to Date
- \$40k** To Support Socorro County Health Council Activities (2017 - 2018)
- 1,500** Community members participated in
- 10+** Yearly Community-wide Health Events
- 299** Free Meals for Kids
- 265** Families Received Early Childhood Programming
- 215** Free flu shots to the community
- >60** Community & Regional Partners
- 4** Communities Impacted – Socorro, Alamo, Veguita, and Magdalena

**Socorro County**



**HEALTHY EATING AND ACTIVE LIVING IS EASIER IN SOCORRO COUNTY**

In alignment with our priorities, Socorro General Hospital (SGH) Community-Based Programs staff attends and provides fund support each year for more than 10 community health events throughout the county including the city of Socorro, Veguita and the Alamo Navajo reservation. These events include health fairs, runs, community arts parties, back-to-school fairs, farmers' markets, cooking classes and other community events and programs. More than 1,500 community members were reached through these events in 2018.

In addition, In 2017 and 2018, as part of our system-wide strategy to build local leadership and capacity, Presbyterian has provided \$40,000 of support to the Socorro County Health Council ("SCOPE") to conduct activities that align with our community health plans and address priority health needs in their community. Their Healthy Eating Food Committee brings together partner agencies to address access, education, and connection to healthy food resources by compiling a resource guide, creating bus routes to food distribution locations, and supporting healthy food pantries in county schools.

**FREE HEALTHY MEALS FOR KIDS**

All children can receive free meals at the Socorro General Hospital (SGH) cafeteria. Since 2016, SGH has partnered with the New Mexico Children, Youth, and Families Department, Family Nutrition Bureau to leverage federal funds to provide non- profit food service programs for children in the community.

**1,777 Free Meals have been served to Socorro County Kids to date.**

**Run For Your Life Participation**



**DOUBLE UP FOOD BUCKS™**

**\$1,500 to Support \$Match at three Socorro Farmers Markets**



**200 Vouchers (\$5) Distributed to older adults, breastfeeding mothers, and for diabetes prevention**

*"I'm in total amazement by this program. Thank you so much for doing this. I think this is one of the most fantastic initiatives for hungry children that I've ever witnessed. couldn't be prouder to be part of an organization that makes this a priority."*

– Presbyterian Pharmacist

## PREVENTION OF UNHEALTHY SUBSTANCE USE

### Positive Experiences + Positive Relationships + Positive Environments = Positive Youth Development

Presbyterian supports a number of programs that impact youth environments, relationships and opportunities to thrive, through home visiting, parent education, school-based programming and more.

Positive youth development is now a leading strategy in prevention science. In the past, prevention efforts typically focused on single problems as they surfaced in youth, such as teen pregnancy, substance abuse, and juvenile delinquency. Over time, experts determined through research, that promoting positive asset building and considering young people as resources were critical strategies to building resiliency and to better protect young people from risky behavior. This enables them to become healthy and successful adults.

Strengthening families and giving parents skills and support has shown to increase resilience. Resilience factors can protect against negative effects of adverse childhood experiences and disrupt cycles of substance use, violence, mental health issues and other stress.

#### First Born outcomes for infants and families:

##### Reduced violence and injury

The data suggest that emergency room visits are lower because participating children have fewer injuries in the first year. Additionally, the estimated lifetime cost of one victim of child abuse and neglect is \$210,012.

##### Fewer emergency room visits

The average ER visit costs \$1,049, while the average physician office visit costs \$153.

##### Being breastfed for one year or more

Breastfeeding prevents childhood obesity and diabetes. Annual healthcare costs are about \$6,700 for children treated for obesity covered by Medicaid.

\*Based on preliminary findings from a RCT study of the First Born® Program by the RAND Corporation (2015); First Born NM Annual Report 2014

#### SGH Supported Programs:

- First Born
- Books for Babies
- Reach Out & Read
- Child Find
- Circle of Security
- Infant Mental Health
- Safe Sleep Program



safe sleep bassinets  
distributed

## BUILDING KEY PARTNERSHIPS FOR COMMUNITY HEALTH

Socorro General Hospital and the Center for Community Health partners with over 60 community and state partners to address behavioral health, healthy eating, promotion of active lifestyles, chronic disease self-management and improvement of the Socorro County environment.

Socorro General Hospital gladly provides free community gathering space and refreshments for more than ten civic and community groups and community classes, such as weekly weight watchers meetings, NAMI meetings and trainings, and CPR classes.

The hospital and its employees worked hard in 2018 to give back to the community and donated approx. \$25,000 worth of supplies, gift cards, and warm clothing at Back to School events throughout the county, distributed books every month through the clinic's Reach Out and Read Program, adopted families through San Miguel Giving Tree and San Antonio School for Christmas, collected and donated hygiene supplies, tents, sleeping bags, and funds for the homeless shelter, and prepared meals and food boxes for Day of Service.

In 2018 Presbyterian provided **\$10,000** in support for the Middle Rio Grande Economic Development Association's Regional Behavioral Health System Initiative which aims to connect existing community services and increase capacity of the Socorro General Hospital hub to better address the behavioral needs of the counties of Socorro, Valencia, Sierra, and Catron.

### For more information, please contact:

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