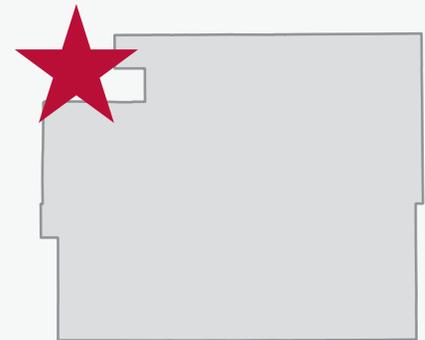


Presbyterian exists to improve the health of the patients, members and communities we serve.

TOGETHER WE'RE BUILDING A CULTURE OF HEALTH

- \$42.2** Million in community benefit provided by Presbyterian and Kaseman Hospitals including financial assistance (2017)
- \$40,000** To support Torrance County Health Council Activities (2017-18)
- 7,424** Free Healthy Meals served to children at Presbyterian and Kaseman Hospitals
- 1,355** Students and parents reached through substance use prevention social marketing campaign
- 39** Community members trained in Mental Health First Aid
- 27** Naloxone kits distributed to community members
- 7+** Programs and annual community events addressing prioritized needs
- 4** Communities impacted: Edgewood, Moriarty, Estancia, Mountainair
- 2** Documented opioid overdoses reversed with distributed Naloxone

Torrance County



INVESTING IN TORRANCE COUNTY'S HEALTH

Through incredibly successful partnerships, like the collaboration with the county health council, Partnership for a Healthy Torrance County (PHTC), Presbyterian Center for Community Health supports a number of community programs and events and helps link residents to community resources that address Presbyterian's community health priorities: Active Living, Healthy Eating, Prevention of Unhealthy Substance Use, and Behavioral Health. For the last two years, Presbyterian provided \$20,000 per year in funding to build local leadership capacity and strengthen the health council's implementation of Community Health programs and activities.

8 

Raised garden beds installed at the Edgewood Senior Center garden

39 

Community members trained in Mental Health First Aid

17 

Lbs. of unused/expired medication destroyed as part of a medication take-back day

COMMUNITY IN ACTION

Prevention of Unhealthy Substance Use

Thanks to the vital convening function this health council serves, all high schools in Torrance County participated in PHTC's unhealthy substance use prevention campaign. Strategies include sharing statistics to bring attention to current health trends in the County. PHTC took an asset-based approach to challenge the normal conception of health data by reporting the successes and resiliencies, encouraging youth to be part of the high percentage who don't engage in the unhealthy behavior (like consuming alcohol).



Behavioral Health and Active Living

In September, the health council hosted the Suicide Awareness and Prevention 5k to bring attention to suicide prevention, to combat stigmas associated with mental health, and get the community moving. The walk was held in Estancia and featured 40 participants with 150 total attendees.

After an opioid overdose at a local high school was successfully reversed using Naloxone, PHTC hosted an Opioid Overdose prevention and



response training for Moriarty-Edgewood School District staff and other community members. This training focused on how to recognize an opioid-related overdose and respond using Naloxone, the opioid overdose reversal medication. This training also covered de-stigmatization and debunking misconceptions about opioid use disorder. Months after being trained and receiving naloxone, a community member was able to reverse an overdose by a family member and save their life.



Growing Healthy Food and Healthy Communities

In partnership with Presbyterian, NMSU and Santa Fe County, the Edgewood Senior Center Garden is up and running after a period of neglect. An average of 22 participants attended eight weeks of gardening classes and came together to build garden beds and a hoop house, where they have started planting.

Kindergarten through 5th grade classes at Mountainair visited the Mi Chante Heritage and teaching garden, which was made possible by support from Presbyterian and the PHTC. Students planted, tasted vegetables and learned about native and culturally significant plants in both English and Spanish.



For more information, please contact:

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