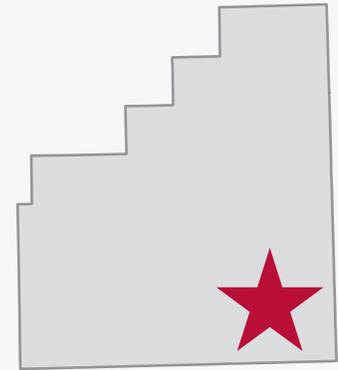


Presbyterian exists to improve the health of the patients, members and communities we serve.

TOGETHER WE'RE BUILDING A CULTURE OF HEALTH

- \$5.3M** Community benefit including financial assistance (2019)
- 26,266** Free Healthy Meals for Kids to date
- 8,307** Free Meals for Kids in 2019
- 5,000** Community Health Resource Guides distributed
- 3,000+** Children learned about hand hygiene during Presbyterian's annual Day of Service
- ~\$3,000** Direct and in-kind support for the Community Garden every year
- 1,225+** Community members attended community events
- 810** Free immunizations to the Community
- 130+** Community volunteers supporting community health activities
- 25+** Yearly community events

Curry County



HEALTHY LIVING IS EASIER IN CURRY COUNTY

Plains Regional Medical Center (PRMC) is proud to partner with the Curry County Health Council, Healthy Kids New Mexico, the Clovis Community Garden, and many others to sponsor and promote numerous community opportunities for health education and healthy living including:

- 20+ health and community events including: alcohol and drug abuse symposium, adult falls prevention workshops, community resource fair, Juneteenth fair, Suicide Prevention Walk, and more!
- 4 community vaccination clinics sponsored by PRMC
- 10 elementary schools participated in Healthy Kids BMI measurements
- Community Garden membership, work days and events
- Chronic disease self-management workshops
- Healthy food demos and diabetes cooking classes
- And many more



In 2019 PRMC helped families prepare for a life time of health with the monthly child birth class and breastfeeding support group. Over 311 community members attended at least one of these in 2019.

FREE HEALTHY MEALS FOR KIDS

All children can receive free meals in the Plains Regional Medical Center cafeteria. Since 2016, PRMC has partnered with the New Mexico Children, Youth, and Families Department, Family Nutrition Bureau to leverage federal funds to provide non-profit food service programs for children in the community. In 2019, PRMC upgraded their cafeteria to better serve the community.

26,266
free meals have
been served to
Curry County kids
to date

In 2019 8,307 meals were served. And during our Community Health Assessment in 2019, 4,517 children were identified as living in poverty in Curry County.

CLOVIS COMMUNITY GARDEN

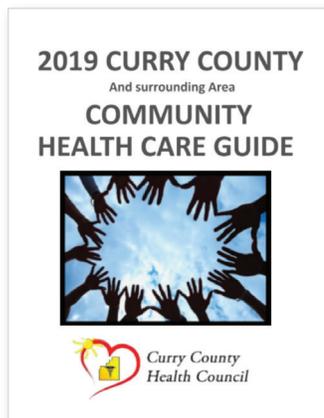


Hosted on the grounds of Plains Regional Medical Center, the 80 by 100 foot community garden grew from nothing in 2014 to a flourishing garden, community gathering space, and source of free, fresh vegetables for the community. Volunteers of all ages work together to grow herbs and fresh vegetables, be physically active, host nutrition and yoga classes, connect with others and give back to the community.

The garden produces many pounds of vegetables each year including: peas, cabbage, tomatoes, broccoli, green beans, squash, cucumbers and herbs that are free to anyone who needs them. Leftover produce is donated to local charities for distribution.

BUILDING KEY PARTNERSHIPS FOR COMMUNITY HEALTH

Plains Regional Medical Center and Presbyterian Community Health partner with more than 40 community and state partners to address the priority areas in Curry County. Over the last 3 years, as part of our system-wide strategy to build local leadership and capacity, Presbyterian has provided almost \$10,000 in financial support to the Curry County Health Council to implement activities, convene stakeholders for community health assessment and planning, and strengthen health council capacity.



This year the Curry County Health Council designed, updated and printed 5,000 Curry County Health and Wellness Guides distributed throughout the community.

This guide includes information on community resources ranging from:

- Services to help address social needs like utilities and food assistance
- Recreation
- Youth, senior and veterans services, and mental and physical health services
- Walking trails and maps

The partnership with the Curry County Health Council and associated organizations has been vital to implementation of healthy eating, active living, and prevention of unhealthy substance use priorities.

ASSESSING COMMUNITY HEALTH NEEDS AND ASSETS IN CURRY COUNTY

Curry County Health Council partnered with PRMC and Presbyterian Community Health to conduct a Community Health Assessment (CHA) and draft Community Health Implementation Plans (CHIPs). The process included engaging the community at large with health statistics for Curry County and evoked thoughtful discussion on the effects of some of the determinants of health and health outcomes that people see every day.

The new Community Health Priorities for Curry County for 2020-22 are: Behavioral Health, Access to Care, Social Determinants of Health, Healthy Eating/Active Living.

All numbers are for 2019 unless otherwise noted

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