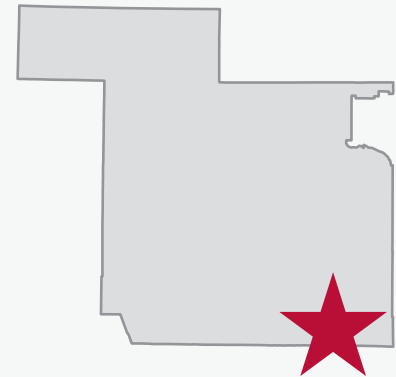


Presbyterian exists to improve the health of the patients, members and communities we serve.

TOGETHER WE'RE BUILDING A CULTURE OF HEALTH

- \$5.7M** Community benefit including financial assistance (2019)
- \$62,000** To support Sandoval County Health Council and Health Collaborative activities
- \$12,500** Support for other community organizations (2019)
- \$2,000** Support for Cochiti Tribal Health Council youth program
- 2,000+** 10x10 healthy living workbooks given to youth in Sandoval County
- 172** Free healthy meals given to kids at Presbyterian Rust Medical Center since September
- 65** Weekend backpacks with healthy food every month
- 8** Communities impacted: Rio Rancho, Bernalillo, Cuba, Jemez Springs, Cochiti Pueblo, Santa Ana Pueblo, Santo Domingo Pueblo, San Felipe Pueblo

Sandoval County



For the past three years, as part of our system-wide strategy to build local leadership and capacity and support social marketing campaigns to promote **Active Living, Healthy Eating, and the Prevention of Unhealthy Substance Use**, Presbyterian has provided \$62,000 of support for Sandoval County Health Council activities. The Sandoval County Health Council has worked closely with the Sandoval Health Collaborative to ensure that the majority of the \$62,000 was used to enhance, grow, and evaluate the **10x10 Health Literacy Ambassador Program** so the campaign can reach more young people throughout the county.

- 1600** books distributed to elementary schools in Bernalillo, Cuba and Rio Rancho.
- 300** Spanish version of 10x10 developed this year.
- 120** books distributed to Cochiti Pueblo after school adolescent diabetes prevention program.
- 50** books distributed at Sandoval County Health Fair in October.
- 250** books distributed to Boys and Girls Clubs after school programs in ABQ and Rio Rancho. Started 10x10 in 2019!

In 2019 the Health Council and Health Collaborative conducted an “action lab” and did asset mapping specifically to improve the 10x10 program. Through these activities as well as through the Community Health Needs Assessment process, SCHC identified after school programs as the new primary target for 10x10 distribution.

This year 10x10 served the highest risk children through new partnerships and after school programs including:

- SAFE, a Rio Rancho Public Schools program that serves about 1,200 children from many neighborhoods that face health inequities.
- Tribal communities including San Felipe, Santa Ana, Santo Domingo and Cochiti.
- Kids Cook!

New in 2019 is a partnership with Kids Cook!, which offers cooking classes for youth at the following locations:

Santa Ana Pueblo's after school youth program, Cuba area (including Ojo Encino and Torreon Navajo Chapters), Santa Domingo Pueblos and Rio Rancho Boys & Girls Club.

Support from Presbyterian Community Health and Presbyterian Rust Medical Center has enabled Sandoval County Health Council to provide free learning resources since 2017. These resources further their progress toward their goal of creating a full set of child health ambassador books for grades 1-5.

" I don't drink things with sugar " 10x10 student " Great Program " Public School Teacher

HEALTHY LIVING IS EASIER IN SANDOVAL COUNTY

172
Free Meals have been served to Sandoval County Kids since September

In 2019, Rust Medical Center joined the five other Presbyterian hospitals participating in the Free Healthy Meals for Kids program with funding from the Presbyterian Foundation. The Foundation awarded Community Health with \$3000 to begin giving free meals to kids.

Presbyterian is also proud to continue support for A Park Above in 2019 where play equipment is designed for ANY person with ANY ability **so all kids and their families can be active.**



Presbyterian Rust Medical Center is happy to host community classes and provide space and refreshments for community organizations in the community room including:

- Bariatric nutrition classes
- Breastfeeding support groups
- Senior Care information sessions
- Yoga 4 Cancer classes
- Blood drives
- And more



Every month, employees supply 65 weekend backpacks filled with healthy snacks to low-income children at Martin Luther King Jr. Elementary School.

STRONG PARTNERSHIPS IN SANDOVAL COUNTY

Presbyterian is proud to work with a variety of local organizations through collaboration with the Sandoval County Health Council, Sandoval Health Collaborative, Sandoval Economic Alliance and the Unser Gateway Coalition to positively impact and address Presbyterian's 2016-2019 community health priorities, including **Economic Development.**

Sandoval County Health Council partnered with Presbyterian Rust Medical Center and Presbyterian Community Health to conduct a Community Health Assessment (CHA) and draft Community Health Implementation Plans (CHIPs) to establish new Community Health Priorities for 2020-2022.

In addition, the Sandoval County and Cochiti Pueblo health councils participated in a capacity building process and network organized by the New Mexico Alliance of Health Councils, NM Department of Health, and Presbyterian Community Health, funded by the Robert Wood Johnson Foundation and Institute for Healthcare Improvement. This program, "Spreading Community Accelerators through Learning and Evaluation" helped both communities better support youth health programming.

All numbers are for 2019 unless otherwise noted

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