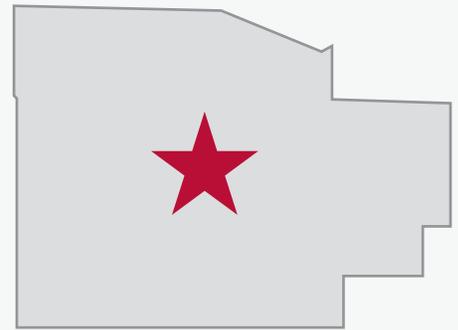


Presbyterian exists to improve the health of the patients, members and communities we serve.

TOGETHER WE'RE BUILDING A CULTURE OF HEALTH

- \$9.9M** in Community benefit including financial assistance
- \$60,000** To support Socorro County Health Council activities (2017 - 2019)
- \$11,000** To support creation of a regional, rural Behavioral Health Plan (2017-2019)
- 1,862** Free Meals for Kids
- 1,000** Free Flu Shots administered in the Community
- 146** Families received 1,629 visits to their home as part of the First Born Program
- 92** Free Bassinets distributed
- 40** People trained to administer Nalaxone
- 20+** Community and regional partners
- 20** Community members certified by NAMI as Peer Support Specialists
- 14+** Yearly community-wide health events
- 4** Communities impacted – Socorro, Alamo, Veguita, & Magdalena

Socorro County



HEALTHY EATING AND ACTIVE LIVING IS EASIER IN SOCORRO COUNTY

In alignment with our priorities, Socorro General Hospital (SGH) Community-Based Programs staff attends and provides fund support each year for more than 14 community health events throughout the county including the city of Socorro, Veguita and the Alamo Navajo reservation. These events include health fairs, runs, community arts parties, back-to-school fairs, WIC outreach, Alamo Days, and other community events and programs.

In addition, in 2019, as part of our system-wide strategy to build local leadership and capacity, Presbyterian has provided \$60,000 of support to the Socorro County Health Council (“SCOPE”) to conduct activities that align with our community health plans and address priority health needs in their community. Capacity successes include successful application for 501c3 status for the health council, enabling them to apply for additional funds. Their Healthy Eating Food Committee brings together partner agencies to address access, education, and connection to healthy food resources by compiling a resource guide, creating bus routes to food distribution locations, and supporting healthy food pantries in county schools.

17 LEADERS participated in a Day of Service at the Socorro Storehouse

FREE HEALTHY MEALS FOR KIDS



3,658
Free Meals have been served to Socorro county kids to date.

All children can receive free meals at the Socorro General Hospital (SGH) cafeteria. Since 2016, SGH has partnered with the New Mexico Children, Youth, and Families Department, Family Nutrition Bureau to leverage federal funds to provide non-profit food service programs for children in the community.

PREVENTION OF UNHEALTHY SUBSTANCE USE

Socorro General Hospital supports a number of other programs that impact youth environments, relationships, and opportunities to thrive through home visiting, parent education, after-school programming and more.

SGH Supported Programs:

- First Born
- Play Groups
- Child Find
- Circle of Security
- Infant Mental Health
- Safe Sleep Program

**POSITIVE EXPERIENCES
+ POSITIVE RELATIONSHIPS
+ POSITIVE ENVIRONMENTS**

= POSITIVE YOUTH DEVELOPMENT

FIRST BORN OUTCOMES FOR INFANTS AND FAMILIES:

REDUCED VIOLENCE AND INJURY

The data suggest that emergency room visits are lower because participating children have fewer injuries in the first year. Additionally, the estimated lifetime cost of one victim of child abuse and neglect is \$210,012.

FEWER EMERGENCY ROOM VISITS

The average ER visit costs \$1,049, while the average physician office visit costs \$153.

BEING BREASTFED FOR ONE YEAR OR MORE

Breastfeeding prevents childhood obesity and diabetes. Annual healthcare costs are about \$6,700 for children treated for obesity covered by Medicaid.

BUILDING KEY PARTNERSHIPS FOR COMMUNITY HEALTH

Socorro General Hospital Presbyterian Community Health, and the Socorro County Health Council "SCOPE" partner with over 20 community and state partners to address behavioral health, healthy eating, promotion of active lifestyles, chronic disease self-management, and improvement of the Socorro County environment.

Socorro County participated in the Middle Rio Grande Economic Development Association's Healthcare Committee, which has built a rural behavioral health plan from the ground up involving a 4-county regional group of stakeholders including providers, schools, law enforcement, county government and more. They have chosen to address crisis response, school partnerships and jail diversion and alternative sentencing. The Valencia Community Wellness Council provided overdose prevention and response trainings and Valencia County community resource directories to 40 attendees at Socorro County Health Council's Suicide Prevention CRUNCH in Veguita.

Socorro General Hospital gladly provides free community gathering space and refreshments for civic and community groups and community classes, such as weekly weight watchers meetings, NAMI meetings and trainings, Yoga, and CPR classes. In 2019 they provided support with meeting space and 200 meals for 20 Peer Support Specialists to become certified with the state of New Mexico, through the local NAMI (National Alliance on Mental Illness) chapter. This benefits Socorro County and the region with increased access to prevention and treatment professionals, economic development, and more.

All numbers are for 2019 unless otherwise noted

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