



Presbyterian Healthcare Services

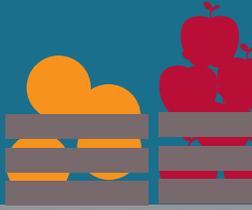
# Food Pharmacy

Presbyterian Community Health piloted a Food Pharmacy in Bernalillo County at Presbyterian Kaseman Hospital.

A food pharmacy is a way that health care providers can

**“PRESCRIBE” HEALTHY FOOD**

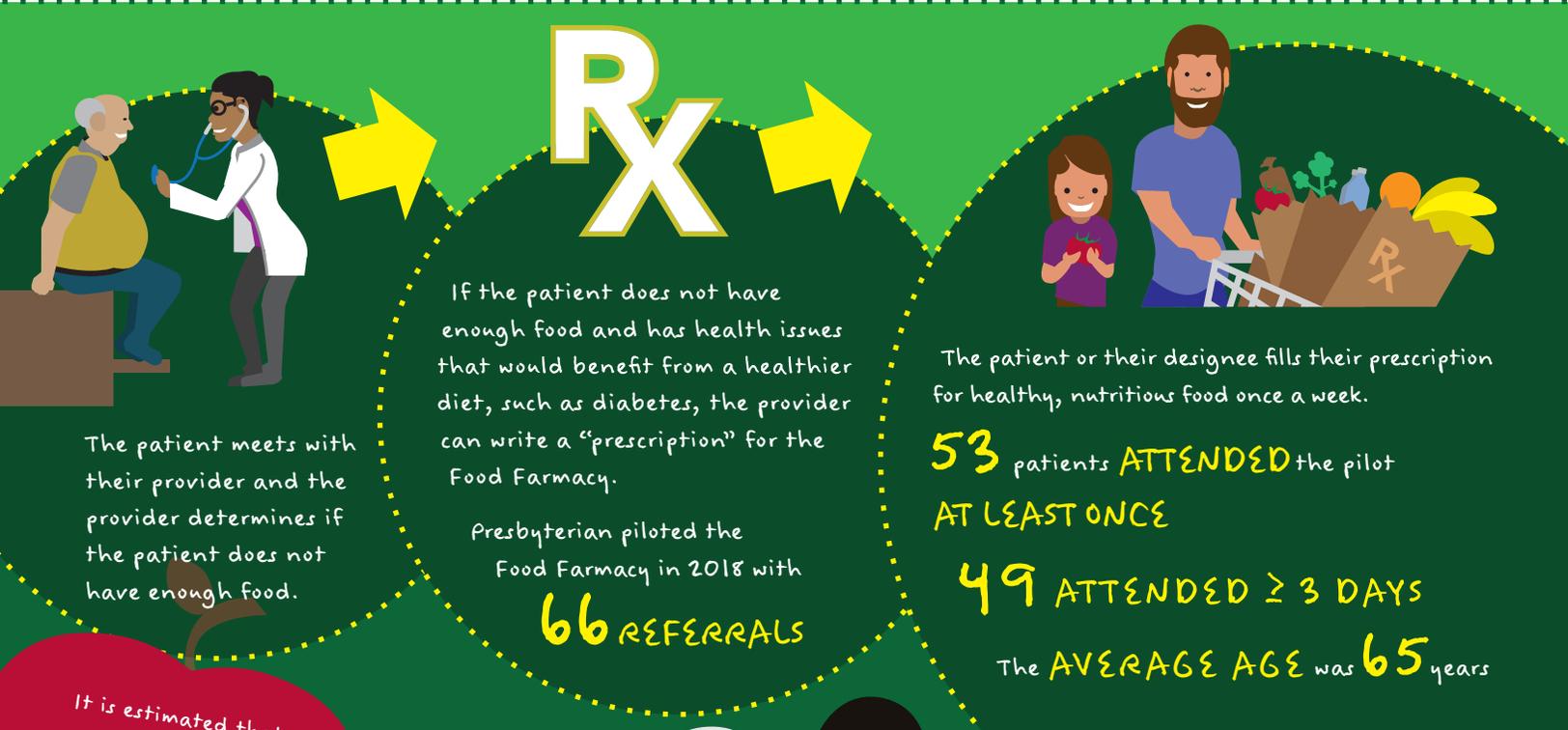
to patients who have food insecurity issues and may also need healthier foods to meet their health goals.



Food “pharmacies” may help patients with health issues such as diabetes and hypertension

**LOWER THEIR A1C AND BLOOD PRESSURE!**

## WHAT HAPPENS AT THE PRESBYTERIAN FOOD PHARMACY?



It is estimated that approximately 101,300 people in Bernalillo County did not have enough food in 2016 (Feeding America 2018)



While filling their prescription, patients can learn about SNAP benefits, Senior Meals, and other support programs.

# WHAT WENT INTO RUNNING PRESBYTERIAN'S FOOD FARMACY PILOT?



## DID THE FOOD FARMACY HELP PATIENTS WHO REGULARLY ATTENDED ACHIEVE BETTER HEALTH AND IMPROVE THEIR EXPERIENCE?



<sup>1</sup> Wetherill MS et al, 2018 & catalyst.nejm.org/prescribing-fresh-food-farmacy/<sup>2</sup> Patients who responded to the wellbeing question on both intake & exit interviews (N=22);<sup>3</sup> Patients who reported that they achieved their A1c goal on their exit interview among patients who listed that lowering their A1c was a goal at their intake interview (N=14);<sup>4</sup> Patients who reported that they achieved their blood pressure goal on their exit interview among patients who listed that lowering their blood pressure was a goal at their intake interview (N=12).