People often leave prescription medications (drugs) out of their plans for emergencies and natural disasters, but it's important to know where those drugs are in an emergency. It also is important to plan how you will continue taking your medications in an emergency.

Tips to help you plan:

**Keep medication in stock.** Always have enough medication for at least one week.

**Write down important medication details.** Include each medication's name, the amount you should take, your doctor's name and phone number, and your pharmacy's name and phone number.

**Keep medications in the same place.** Store all your medications where you can get to them quickly.

**Special storage.** Many Presbyterian Specialty Care Pharmacy medications must be stored in a refrigerator. Keep this in mind as you plan for an emergency.

Presbyterian Specialty Care Pharmacy also could have an emergency or disaster. If this happens, it is important for you to have your doctor, medication and insurance information.

**Always carry your insurance card.** If Presbyterian Specialty Care Pharmacy is not available in an emergency or disaster, your insurance company will be able to help you get an emergency supply of your medication.

If you have an emergency and cannot get to your medication, call Presbyterian Specialty Care Pharmacy at (505) 823-8800 once you are in a safe place. We will do all that we can to help you get your medication, including:

- Sending the prescription to a different pharmacy
- Shipping your order to another location
- Talking with your doctor and insurance company

If you have an emergency and cannot contact us, or if we cannot contact you, and you are having problems getting or taking your medication, go to the nearest hospital emergency room or call 911 for help.