

EPSDT Provider Manual

Early and

Periodic

Screening,

Diagnostic and

Treatment Program

This manual serves as a guide to help practitioners and providers serve the children of New Mexico.

Such services are funded in part with the State of New Mexico.
Presbyterian exists to improve the health of the patients, members, and communities we serve.

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Early and Periodic Screening, Diagnostic, and Treatment Program

Program Overview

The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) Program is Medicaid's comprehensive and preventive child health program for individuals under the age of 21. EPSDT was defined by law as part of the Omnibus Budget Reconciliation Act of 1989 (OBRA '89) legislation and includes periodic screening, vision, dental, and hearing services. EPSDT services are also referred to as Tot-to-Teen Health checks and well-child checkups/visits.

Children experience numerous health and developmental milestones that should be assessed as part of routine preventive care. Early detection and treatment can avoid or minimize the effects of many childhood conditions. EPSDT emphasizes the need for comprehensive care and the early discovery of health or developmental concerns.

Much of the information in this section was taken from the Centers for Medicare and Medicaid Services (CMS) website. Additional EPSDT program information is available at the CMS Website at

<https://www.medicaid.gov/medicaid/benefits/epsdt/index.html>

Screening Requirements

EPSDT offers children in the Presbyterian Centennial Care Program an effective, comprehensive package of child-oriented screening and treatment services. Presbyterian mails monthly reminders to make sure that families and children know that a well-child check-up may be due or overdue and that these visits are a basic element of the EPSDT program.

Screening services required as part of the EPSDT visit include medical, vision, hearing, and dental. Each screening service should be performed at distinct intervals as determined by both the CMS EPSDT requirements and the American Academy of Pediatrics periodicity schedule.

Medical Screen

1. **History.** A comprehensive health and developmental history, including assessment of both physical and behavioral health or social emotional health development.
2. **Physical Exam.** A comprehensive unclothed physical exam.
3. **Immunizations.** Immunizations appropriate to age and health history, and according to the schedule established by the Advisory Committee on Immunization Practices (ACIP) for pediatric adolescent vaccines.
4. **Laboratory Tests.** Laboratory tests, including blood lead level assessment appropriate to age and risk.
5. **Health Education.** Health education is a required component of screening services and includes age appropriate anticipatory guidance, including child development, healthy lifestyles, and accident and disease prevention.

6. Vision, dental, and hearing screenings.

Documentation in the medical record should include exams for all of the five components of the medical screen. This documentation is reviewed as part of the recredentialing process and the annual National Committee for Quality Assurance Healthcare Effectiveness Data and Information Set (NCQA HEDIS®)¹.

Elevated blood lead levels: A member between 9-15 months (ideally at 12 months) shall receive a blood lead measurement at least once. A member at one (1) and at two (2) years of age shall receive a blood lead measurement. A member between the ages of three (3) to six (6) years, for whom no previous test exists, should also be tested.

Vision Screen. The vision screen includes diagnosis and treatment for defects in vision, including eyeglasses. This may include initial screening and referral for refraction and eyeglasses.

Hearing Screen. The hearing screen includes diagnosis and treatment for defects in hearing, including hearing aids.

Dental Screen. The dental screen includes maintenance of dental health, an assessment for relief of pain and infections, and restoration of teeth. See the CMS “Guide to Children’s Dental Care in Medicaid” at <http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Benefits/Dental-Care.html>

Periodicity Schedule

Presbyterian follows the State of New Mexico Medical Assistance Division’s (MAD) health check periodicity schedule published in 8.320.2.15 of the New Mexico Administrative Code. In addition, Presbyterian has adopted a nationally recognized pediatric periodicity schedule (i.e., Bright Futures), which is included on the CMS EPSDT website. Both New Mexico Medicaid and CMS certification requirements will be met if documentation in provider records shows that EPSDT screens have been conducted based upon the periodicity schedules.

¹ HEDIS® (Healthcare Effectiveness Data and Information Set) is a registered trademark of the National Committee for Quality Assurance (NCQA). <http://www.ncqa.org>.

EPSDT Screening Schedule and Tot-to-Teen Health checks (Well-Child Checkups)

Babies	Children	Youth
Birth	15 months	13 years
1 month	18 months	14 years
2 months	24 months	15 years
4 months	3years	16 years
6 months	4 years	17 years
9 months	5 years	18 years
12 months	6 years	19 years
	8 years	20 years
	10 years	
	12 years	

Additional EPSDT Screens Allowable When Medically Necessary

Presbyterian encourages the aforementioned examination schedule. Additional or more frequent examinations may be provided and will be reimbursed if the physician, provider, or Primary Care Provider determines that they are medically necessary. Your documentation should support the additional screening/examinations in the “provider of service” chart.

Developmental Screening. An additional Tot-to-Teen health check may be provided at 30 months of age in order to complete a developmental screening. A developmental screening is important because significant developmental milestones should occur at this age.

A standardized developmental screening may be performed and billed separately on the same day of an EPSDT screening or any other office visit. The Common Procedural Terminology (CPT) developmental screening code is 96110.

Methods to Increase EPSDT Screening Rates

Providers can help to increase and/or improve EPSDT screening rates by:

1. Utilizing clinical encounters to address EPSDT services to avoid missed opportunities and assess the immunization status of all children during each encounter.
2. Improving medical record documentation and encounter data reporting.
3. Reporting all EPSDT encounters using the correct CPT Preventive Medicine Codes.
4. Maintaining appropriate documentation in the medical record of all medical, vision, hearing, and dental screenings, and/or referrals.
5. Maintaining a tracking system that shows whether each enrolled child has received EPSDT screening and referrals for corrective treatment.
6. Improving outreach to potentially at-risk groups such as adolescents, those who are newly eligible for the program, and those not recently using the program.

7. Providing services to correct, compensate for, and improve or prevent a condition from worsening, even if the condition cannot be prevented.
8. Maintaining apparatus and supplies necessary to provide EPSDT services.
9. Providing oral and written notice about the EPSDT program to families when they apply for Medicaid and at least once a year.

EPSDT Visit Codes

The federally mandated Early and Periodic Screening, Diagnostic and Treatment program is provided to all Presbyterian Centennial Care Members from birth to age 21. The use of the following codes is a directive from CMS and is a federal and state mandate. All Managed Care Organizations participating in the New Mexico Centennial Care Program are required to use these codes, which are standard CPT 2014 codes.

The following codes are to be used to report an EPSDT visit for patients ages birth to 21 years.

Description	CPT codes
Initial screening: New Patients	
Less than 1 year of age	99381
1-4 years	99382
5-11 years	99383
12-17 years	99384
18-20 years	99385
Periodic screenings: Established patients	
Less than 1 year	99391
1-4 years	99392
5-11 years	99393
12-17 years	99394
18-20 years	99395
Health Supervision of Infant or Child	
V Codes	
Foundling health care	V20.0
Care of other healthy infant or child	V20.1
Routine child health exam	V20.2
Routine medical exam at a health care facility	V70.0
Admin. Exam: school, camp	V70.3
Other Screenings	
ICD-9-CM Codes	
Interperiodic vision screening: Screening test of visual acuity, quantitative, bilateral	99173
Interperiodic hearing screening	92551
Blood lead screening	83655
Developmental Screening	96110

EPSDT claims submitted with incorrect CPT codes are considered invalid and will be denied. A properly re-coded EPSDT claim will need to be submitted for reimbursement of services rendered.

American Academy of Pediatrics Recommendations for Preventive Pediatric Health Care: Bright Futures

http://www.aap.org/en-us/professional-resources/practice-support/Periodicity/Periodicity%20Schedule_FINAL.pdf

Presbyterian Preventive Healthcare Guidelines and Immunization Schedule**Presbyterian Preventive Healthcare Guidelines for Practitioners**

http://docs.phs.org/idc/groups/public/documents/communication/pel_00207163.pdf

Presbyterian Preventive Healthcare Guidelines for Members

<https://www.phs.org/tools-resources/access-your-care/Pages/preventive-care-guidelines.aspx>

Presbyterian Child and Adolescent Immunization Schedule

<http://www.cdc.gov/vaccines/schedules/downloads/child/0-18yrs-child-combined-schedule.pdf>

Immunization Administration Codes

Below is a list of CPT 2014 immunization administration codes.

CPT Immunization Administration Codes

90460	Immunization administration through 18 years of age via any route of administration, with counseling by physician or other qualified health care professional; first vaccine/toxoid component.
90461	Immunization administration through 18 years of age via any route of administration, with counseling by physician or other qualified health care professional; each additional vaccine/toxoid component. (List separately in addition to code for primary procedure.)
90460	Flu immunization administration (intramuscular, intranasal) including counseling when performed.
90471	Immunization administration (includes percutaneous, intradermal, subcutaneous or intramuscular injections); one (1) vaccine (single or combination vaccine/toxoid).
90472	Immunization administration (includes percutaneous, intradermal, subcutaneous or intramuscular injections); each additional vaccine (single or combination vaccine/toxoid). List separately in addition to code for primary procedure.
90473	Immunization administration by intranasal or oral route; 1 (one) vaccine (single or combination vaccine/toxoid).
90474	Immunization administration by intranasal or oral route; each additional vaccine (single or combination vaccine/toxoid). List separately in addition to code for primary procedure.

Vaccines for Children (VFC) Information

The Omnibus Budget Reconciliation Act (OBRA) created the Vaccines for Children (VFC) program as Section 1928 of the Social Security Act on August 10, 1993. The VFC program, which began October 1, 1994, is one approach used to improve vaccine availability nationwide by providing vaccines free of charge to VFC-eligible children through public and private providers.

Most of the information in this VFC section is from both the VFC website and the New Mexico Department of Health Provider Packet (Web links available on the next two pages).

Benefits of participating in the VFC program:

- Vaccines for all of your eligible patients ages 0-18 are provided at no cost to you.
- Your patients receive immunization services from you.
- Easy access to current immunization information.
- Free state-supplied Personal Immunization Record for patient use.
- Save on costs of stocking expensive vaccines.
- Easy vaccine ordering.

New Mexico VFC Information for Providers

The New Mexico Department of Health (NMDOH) Immunization Program website includes a Provider Information section and an Online Provider Education section.

The Provider Information section includes:

- Temperature log
- VFC forms
- Storage and Handling resources

The Online Provider Education section includes:

- Vaccine Management
- Online Training for Medical Assistants
- DOH Vaccine Protocols
- Interpreting Shot Records from Mexico

How to Enroll in the VFC Program

To enroll in the VFC Program you will need to submit specific documentation. The NM DOH has a provider enrollment packet that contains most of the forms you will need to submit. Copies of the forms are available on the DOH website (see link below and on next page).

Following is a list of the forms you will need to submit.

1. Provider Certification
2. Provider List
3. Provider Profile
4. **Required:** Copy of your current NM State Board of Pharmacy Clinic License
OR Copy of NM Board of Medical Examiners License (if chief provider is MD)
OR Copy of NM Board of Osteopathic Medical Examiners License (if chief provider is DO)
OR Copy of NM Board of Nursing-Nurse Practitioner License (only if chief provider is NP)

How to Submit VFC Program Forms

Use the instructions provided on the VFC website at: <http://archive.immunizenm.org/>

Additional VFC Forms and Information

Listed below are links to the NM DOH Immunization Program website. On this site, you will find the information and forms you need to participate in the VFC program. The site also includes Vaccine Administration forms to use for ordering and inventory, screening, administration, and consent. Many of the forms are also available in Spanish.

If you are unable to access the Internet to print or submit the VFC forms, contact the New Mexico VFC program at (505) 827-2898.

New Mexico VFC Program and Forms

<http://nmhealth.org/about/phd/idb/imp/vfc/>

CDC VFC Main Web page:

<http://www.cdc.gov/vaccines/programs/vfc/index.html>

VFC Program-Immunizations

NM Department of Health

1190 St. Francis Dr., S-1264

Santa Fe, NM 87502

Phone: (505) 827-2147

Fax: (505) 827-1741 or (505) 827-1064

Relevant Websites

Presbyterian Websites

1. Presbyterian Provider Manual–Online Provider Manual
http://docs.phs.org/idc/groups/public/documents/communication/pel_00179048.pdf
2. Presbyterian’s Health and Wellness Information page has important information on prevention and healthy living.
<https://www.phs.org/insurance-plans/our-plans/centennial-care/Pages/health-and-wellness.aspx>

New Mexico Department of Health Websites

1. New Mexico Department of Health Immunization Program
<http://nmhealth.org/about/phd/idb/imp/>
2. Vaccines for Children Provider Forms
<http://www.cdc.gov/vaccines/programs/vfc/index.html>
3. New Mexico Statewide Immunization Information System (NMSIIS)
<http://nmhealth.org/about/phd/idb/imp/siis/>

Other Websites

1. Centers for Disease Control and Prevention, Vaccines for Children (VFC)
<http://www.cdc.gov/vaccines/programs/vfc/index.html>
2. Centers for Medicare and Medicaid (CMS): Medicaid and EPSDT Information
<http://www.medicare.gov/Medicaid-CHIP-Program-Information/By-Topics/Benefits/Early-and-Periodic-Screening-Diagnostic-and-Treatment.html>
3. CDC Vaccines for Children Program
<http://www.cdc.gov/vaccines/programs/vfc/providers/index.html>
4. American Academy of Pediatrics. Immunization information for both parents and clinicians.
<http://www.cispimmunize.org/>

