

## Accreditation

**NMNA:** This activity has been submitted to Presbyterian Healthcare Services, an approved provider unit through the New Mexico Nurses Association Continuing Nursing Education Accredited Approver Unit (NMNA CNE AAU), for approval to award 9.5 contact hours. NMNA CNE AAU is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. (pending)

**NMPA:** "The Impact of Cultural Diversity on Health and End-of-Life Care" on June 8 and 9, 2017, has been approved by the New Mexico Psychological Association for 9 CEU credits for New Mexico psychologists, funeral directors, and chaplains.

**NASW-NM:** "The Impact of Cultural Diversity on Health and End-of-Life Care" on June 8 and 9, 2017, is approved as a provider for Social Work continuing education units (CEU) by the National Association of Social Workers—New Mexico, [www.naswnm.org](http://www.naswnm.org). Social Workers participating in this (live) activity will receive 9 continuing clock hours. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**LPCC:** "The Impact of Cultural Diversity on Health and End-of-Life Care" on June 8 and 9, 2017, is approved as a provider for licensed counselors and therapists continuing education units (CEU) by the New Mexico Counseling and Therapy Practice Board. Counselors and therapists participating in this (live) activity will receive 9 CEUs. A certificate of attendance will be awarded at the end of the program to counselors and therapists who complete the program evaluation.

## Accommodations

A block of rooms is reserved at the Albuquerque Marriott at 2101 Louisiana Blvd. NE, Albuquerque, NM 87110, for Thursday, June 8, through Saturday, June 10. The group rate is \$89 single or double occupancy per night, plus tax. To book your room online, visit [GriefConferenceHotelGroupRate.com](http://GriefConferenceHotelGroupRate.com) or call the Albuquerque Marriott directly at 1-800-228-9290.

**FOR MORE INFORMATION  
CALL (505) 841-1191**

To register online, visit  
[www.spiritualityandhealthconference.com](http://www.spiritualityandhealthconference.com)

## Planning Committee

Michael Barrett, MDiv - Chair  
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Nannette Sanchez, LMSW  
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Ann Hammond, PhD  
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Jose Cortes, MD  
Donna Hurula, LPCC  
Marian Bolton  
Bev McMillan

## Registration

**Thursday, June 8, 2017**

**Grief Transformation and the Spirit of Renewal**  
with special guest presenter, Joan Borysenko, PhD

**Finding Hope and Healing after Loss**  
with special guest presenter, David Kessler, MA  
(Free to the general public and participants of the day-long sessions on June 8 and 9.)

**Friday, June 9, 2017**

**Culture, Clarity and Compassion at the End of Life**  
with special guest presenter, David Kessler, MA

**Insights, Tools and Strategies for Healing Grief**  
with special guest presenter, David Kessler, MA

**Promoting Quality Health and End-of-Life Care in New Mexico**  
with special guest presenter, Sunshine Muse, BA

A registration fee of \$175 is applicable for full or partial attendance and includes syllabus materials, refreshments, and lunch. Registration space is limited, so please register early. Registrations will be accepted at the door as space allows. Complete the registration form in this brochure and forward it with the registration fee to:

Spirituality and Health Conference  
PHS Chaplaincy Services  
P.O. Box 26666  
Albuquerque, NM 87125-6666  
FAX (505) 841-1960

To register online, visit  
[www.spiritualityandhealthconference.com](http://www.spiritualityandhealthconference.com)

Non-Profit  
Organization  
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Albuquerque, NM

**PRESBYTERIAN**  
Presbyterian Healthcare Services  
Chaplaincy Services  
P.O. Box 26666  
Albuquerque, NM 87125-6666  
[www.phs.org](http://www.phs.org)

## 2017 Spirituality and Health Conference

The Impact of Cultural Diversity on Health and End-of-Life Care



**June 8 - 9, 2017**  
Albuquerque Marriott  
2101 Louisiana Blvd NE  
Albuquerque, NM 87110

Sponsored by  
Presbyterian  
Chaplaincy Services,  
FRENCH Funerals &  
Cremations and the  
Grief Resource Center

**FRENCH**  
FUNERALS & CREMATIONS  
**GRİEF**  
RESOURCE CENTER

## Meet Our Presenters



**Joan Borysenko, PhD**, is a pioneer in the integration of mind, body, and spirit. A licensed psychologist with a doctorate in cell biology from Harvard Medical School, she synthesizes cutting edge science with deep humanity. President of Mind-Body Health Sciences, LLC in Santa Fe, NM, and a New York Times bestselling author of 16 books, Dr. Joan also has a series of audio programs for meditation and stress management.



**David Kessler, MA**, is one of the world's foremost experts on healing and loss. His experience with thousands of people on the edge of life and death has taught him the secrets to living a happy and fulfilled life. He is the author of five bestselling books. His services have been used by Elizabeth Taylor, Jamie Lee Curtis, and Marianne Williamson when their loved ones faced life-challenging illnesses.



Fueled by a life-long commitment to social justice and healthcare equity, **Sunshine Muse, BA**, has immersed herself in healthcare change through education, community organizing and project development. Sunshine's current work focuses on understanding healthcare disparities and identifying community solutions. Sunshine's audiences are put at ease by her humor and candor. This safe environment allows them to explore these topics with honesty and creativity.

## Conference Details

**Thursday, 1:00 p.m. to 4:30 p.m.**

**Grief Transformation and the Spirit of Renewal** with special guest presenter, Joan Borysenko, PhD

**Objectives:**

- To develop an understanding of how neurobiology discoveries can bridge mind and body in the wake of grief and loss, including tools for reducing stress and calming mind and body
- To examine eight positive emotions that can transcend religious and cultural boundaries influencing one's ability to grieve and to discover meaning out of suffering
- To explore how illness and death can become rites of passage when encountering serious illness or death

**Thursday, 7:00 p.m. to 8:30 p.m.**

(Free to the general public and participants of the day-long sessions on June 8 and 9)

**Finding Hope and Healing after Loss**

with special guest presenter, David Kessler, MA

**Friday, 8:30 a.m. to 9:45 a.m.**

**Culture, Clarity and Compassion at the End of Life**

with special guest presenter, David Kessler, MA

**Objectives:**

- To discover ways to discuss end-of-life issues while allowing miracles and hope
- To understand how Cultural Diversity shapes end-of-life care
- To identify ways to facilitate communication among the family and professional caregivers
- To describe tools to help children cope with a loved one dying
- To outline the role of spirituality and its role in the last years of life

## Conference Details

**Friday, 10:15 a.m. to 11:30 a.m.**

**Insights, Tools and Strategies for Healing Grief** with special guest presenter, David Kessler, MA

**Objectives:**

- To summarize appropriate responses to grief and mourning
- To understand why children are often the forgotten grievers and how to help them
- To identify mechanisms to help with complicated grieving
- To identify tools and interventions to be used by clinicians, hospitals, palliative care services and hospices when working with grief and loss

**Friday, 12:30 p.m. to 2:30 p.m.**

**Promoting Quality Health and End-of-Life Care in New Mexico**

with special guest presenter, Sunshine Muse, BA

**Objectives:**

- To develop an understanding of disparities and resulting inequities in health and end-of-life care across gender, cultural, language, economic and ethnic dimensions
- To examine ways to create and implement effective programs for health and end-of-life care intervention
- To explore mind-body connection drawing correlations between inequities in health and end-of-life care and physical and emotional healing

*No person on the grounds of race, color, creed, national origin, age, sex or handicap shall be excluded from the participation, be denied benefits of, or be subjected to discrimination under any program or activity of Presbyterian Healthcare Services.*

## Agenda

**Thursday:**

- Noon Registration and Sign-in
- 1:00 p.m. **Grief Transformation and the Spirit of Renewal**
- 2:30 p.m. Break
- 3:00 p.m. **Grief Transformation and the Spirit of Renewal (continued)**
- 4:30 p.m. Evaluations
- 5:00 p.m. Adjourn
- 7:00 p.m. - **Finding Hope and Healing after Loss**
- 8:30 p.m. (Free to the general public and participants of the 2017 Spirituality and Health Conference)

**Friday:**

- 7:30 a.m. Registration and Sign-In
- 8:30 a.m. **Culture, Clarity and Compassion at the End of Life**
- 9:45 a.m. Break
- 10:15 a.m. **Insights, Tools and Strategies for Healing Grief**
- 11:30 a.m. Lunch
- 12:30 p.m. **Promoting Quality Health and End-of-Life Care in New Mexico**
- 2:30 p.m. Break
- 3:00 p.m. Panel
- 4:00 p.m. Evaluations
- 4:30 p.m. Adjourn

## Registration Form

June 8 and 9, 2017

Spirituality and Health Conference

Please write legibly in order to properly record your credit. Fax or mail completed registration form to address below.

Name \_\_\_\_\_

Circle one: Chaplain MD DO PA-C RN LPN MSW MDIV PSY

Other \_\_\_\_\_

Please indicate if you will be attending the evening session on Thursday, June 8, 7 p.m. - 8:30 p.m.  
 Yes  No

Daytime telephone ( ) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ + \_\_\_\_\_

E-mail address \_\_\_\_\_

Lunch:  Standard  Vegan - Gluten Free

### Registration

Early registration through Friday, May 26: \$150

After May 26 or onsite registration: \$175

Refunds for conference cancellations received in writing on or before May 26, 2017, will be made in the form of a check, less a \$25 administrative fee.

### Method of Payment

Check enclosed  VISA  MasterCard  Amex

Card #: \_\_\_\_\_

Exp. date: \_\_\_\_\_ Security code: \_\_\_\_\_

Name \_\_\_\_\_  
(Print as it appears on card)

Signature \_\_\_\_\_  
(Necessary to process credit card)

Billing address of cardholder: \_\_\_\_\_

### To register online:

[www.spiritualityandhealthconference.com](http://www.spiritualityandhealthconference.com)

Make checks payable to:

**Chaplaincy Services**

P.O. Box 26666, Albuquerque, NM 87125-6666

For more information, call (505) 841-1191.

Fax (505) 841-1960